

Washington Hospital Healthcare System *Currents*

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From the Green Team

Recycling bins have been common place in Fremont since the early 1990s, but when it comes to commercial recycling, many people are confused about what can and cannot be recycled. Here, at Washington Hospital, we are committed to our recycling program.

You may see charts on bins throughout the Hospital. These charts act as reminders for common items employees discard. Did you know that our recycling bins need to be lined with clear plastic bags? This is to prevent the bags from being rerouted to the landfill when they arrive at the transfer station.

While at work, we hope you will do your part in properly disposing of waste products.

TRASH

 Food & coffee grounds	 Containers soiled with food	 Napkins & paper towels
 Plastic eating utensils & straws	 Coffee creamers & stirrers	 Foil & cellophane wrappers
 Styrofoam or paper cups	 Cold drink cups & plastic lids	 Washington Hospital Healthcare System

RECYCLING

 Newspapers & magazines	 Plastic & glass bottles	 Aluminum & tin cans
 Milk & microwave dinner cartons	 Juice boxes & cardboard packages	 Clean plastic food containers
 Plastic lids	#1-7 Plastics Allowed No Styrofoam	 Washington Hospital Healthcare System



PREPARING TO SUCCEED: MHCCP Move Update

The new Morris Hyman Critical Care Pavilion will be a beautiful, functional, spacious facility. Large, private rooms mean patients will enjoy more privacy, more room for visitors, and a quieter environment. Hopefully, this will translate into better sleep, higher confidentiality, and overall, a better patient experience. These rooms will also provide more space for staff to provide patient care.

But the improvement of one thing will lead to the challenge of another.

Currently, though space is limited and patients may sometimes have to put up with noise or a lack of privacy, the health care team members are in close contact, assisting each other when needed and communicating about physicians, test results, etc. In order to achieve that intimacy and efficiency, new communication tools and practices must be considered.

To maximize staff efficiency, the design of the building includes a

CONTINUED ON OTHER SIDE



CAPSULES

Monster Jam

Monster Jam tickets still available.

When: Saturday, April 28

Where: Levi's Stadium

Cost: \$49 adults
(18+ includes pit pass)
\$45 children
(includes pit pass)

Contact: Jahneen Zayad, ext. 4078,
by March 5



High School Students Design Emergency Departments

As part of Mission Valley ROP's Project Lead the Way program, local high school students from their biomedical class participated in a "Design a Better ER" group project. Each group was assigned a setting (such as urban, rural, military, pediatric) and identified current challenges that emergency departments face, such as overcrowding, long wait times, and staffing. They were tasked to design their ideal emergency department to address these issues and also present innovative and technological advances

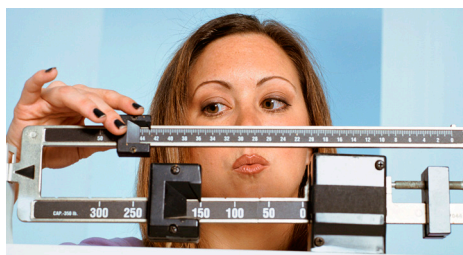
that would improve patient care. These included: wireless leads, 3D organ printing, and an all-in-one radiology machine.

Will Cristobal, Staff Nurse II, Emergency Department, was invited to participate on their judging panel. He stated, "It was refreshing to see the ideas and views that the youth have regarding the emergency department. I was impressed with the innovative solutions they had that would enhance the patient care experience."

MHCCP MOVE UPDATE, continued

centralized staff area to better view several patient rooms at a time. Communication devices, such as phones, will also be considered. Additionally, improved communication practices are being developed. With the end goal of good patient outcomes, it is important to consider the obvious improvements of the new space as well as procedures that need to be developed to maximize those improvements.

Mark Your Calendars for These Upcoming Events



WEIGHT MANAGEMENT AND SURGERY OPTIONS FOR THE TREATMENT OF OBESITY

Date: Tuesday, March 13

Time: 1 to 3 p.m.

Location: Conrad E. Anderson, MD, Auditorium, rooms A & B

Speakers: Mary Maish, MD and Stacey Barrie, MD, FACOG

OBESITY: UNDERSTAND THE CAUSES, CONSEQUENCES AND PREVENTION

Date: Thursday, March 15

Time: 6 to 8 p.m.

Location: WTMF, Newark Clinic conference room, 6236 Thornton Ave., Newark

Date: Thursday, March 28

Time: 6 to 8 p.m.

Location: WTMF, Nakamura Clinic conference room, 33077 Alvarado-Niles Road, Union City

Speaker: Tam Nguyen, MD

STROKE AWARENESS DAY

Date: Saturday, March 17

Time: 10 a.m. to 1 p.m.

Location: Conrad E. Anderson, MD, Auditorium, rooms A & B

Public health awareness and screening. Must pre-register at (800) 963-7070.



NEW TO MEDICARE: WHAT YOU NEED TO KNOW

Date: Tuesday, March 20

Time: 6:30 to 8 p.m.

Location: WTMF Newark Clinic conference room, 6236 Thornton Ave., Newark

Date: Wednesday, March 21

Time: 6:30 to 8 p.m.

Location: WTMF Nakamura Clinic conference room, 33077 Alvarado-Niles Road, Union City

Speaker: Kristi Caracappa, HHS Coordinator



Joshanne Chiang (center) with staff members from the Infusion Center and the UCSF – Washington Cancer Center.

Donation to the UCSF – Washington Cancer Center

Joshanne Chiang and the Fight Cancer Club at Milpitas High School recently made a heart-felt donation of craft flowers, playdough, and hand-made cards to the infusion center and the UCSF – Washington Cancer Center. The flowers are decorating both the infusion center and the clinic and the cards and playdough gifts are given to patients. "We appreciate these donations," says Director of Oncology Program, Richelle McCarthy. "They are day brighteners for our patients."



If you'd like to submit an idea for our social media channels, email social@whhs.com. Follow us on Facebook, Twitter, Instagram and YouTube via @WashingtonHosp.

